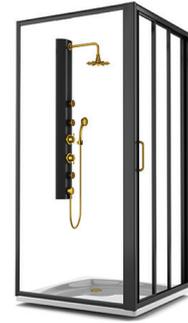




Unit 1

'ou' or 'ow'



Important words

Make sure you can read these words. It's a good idea to practise saying them in sentences.

cloud

proud

doubt

aloud

spouse

vouch

crowd

howl

powerful

coward

shower

browse

Choose words from the box above to fill these gaps. You might need a different form of the word.

1. When he applied for the new job, he needed someone to _____ for him.
2. She loves _____ through bookshops, looking for her favourite authors.
3. The man claimed that his _____ had been driving the car, not him.
4. He's keen to prove he was no _____, so he chose to do a bout in the ring with the top boxer.
5. There was no _____ in her mind that she had done the right thing.
6. The forecast had been for a sunny day, but there were several _____ of rain.



Comparatives and Superlatives

A **comparative** is a describing word which compares something with one other thing.

My bag is very heavy.

My bag is **heavier** than yours.

I arrived early.

I arrived **earlier** than you.

A **superlative** is a describing word which compares something with more than one thing.

I am **cleverer** than you.

I am the **cleverest** in the class.

I arrived **earlier** than you.

I was the **earliest** to arrive (of a group).

Now have a go. Fill in the table. Remember the rules about changing a 'y' ending and look at the examples.

Adjective	Comparative	Superlative
funny		
	busier	
		naughtiest
lazy		
brave		
	muddier	

Choose one comparative and one superlative. Write a sentence with each.

- _____

- _____

Word Detective

Read the clues and see if you can find the right words in the wordsearch. Write them in the spaces.




→

l	b	e	r	r	i	e	s	m	a	y
y	w	b	i	r	t	h	d	a	y	n
d	i	r	t	y	o	s	c	o	s	e
s	o	m	f	a	i	r	i	e	s	b
n	g	w	b	d	m	s	h	i	r	t
b	o	f	t	n	s	t	o	r	y	n
t	q	u	a	r	r	i	e	s	r	q
a	q	r	v	i	c	i	r	c	l	e
p	s	e	r	f	i	r	s	t	s	t
u	r	d	d	e	l	a	y	s	c	k

Clues

1. Plural of quarry. _____
2. These are healthy to eat. _____
3. These will hold you up. _____
4. We read one of these together. _____
5. Most people don't believe in these. _____
6. You have one every year. _____
7. Something you might wear. _____
8. A shape with no corners. _____
9. Opposite of clean. _____
10. Comes at the beginning. _____

Marathons

Nowadays most major cities in the world stage a marathon race once a year. Usually these are open to anyone and there is a mixture of top competitive runners and fun runners. The top runners are generally aiming to finish as close to two hours as possible, but fun runners can take up to five or six hours. All runners are cheered on and encouraged by large crowds along the route. The modern marathon distance is just over 26 miles (42 kilometres), which is an achievement for anyone to complete.



The marathon has always been included in the modern Olympic Games, which started in 1896, but the history of Olympic competitions goes back to 775 BCE and the ancient Olympics never included such long distances. In fact, the longest distance in those days was less than five km.

However, marathons themselves have a long history. According to Greek legends, the first marathon distance was run well over 2000 years ago by a Greek runner called Philippides. He was a messenger in the Greek army. Some legends say that he ran from a town called Marathon in Greece to Athens, the Greek capital city to give them news of an invading army from Persia, which is now a country called Iran.

According to these legends, Philippides ran over 100 km. In fact, one legend states that he ran over 240 km, which is more difficult to believe! Either way, most of the legends seem to agree that he reached his destination and gave them the news, but then died of exhaustion.



True or false?

Read the sentences and tick the right box.

1. Modern marathons are over 42 kilometres long.
2. Olympics in ancient times included marathons.
3. All runners need to finish in two hours.

True False

<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>



Questions

Now see if you can answer these questions. Write your answers as complete sentences. You may need to do some research.



1. When did marathon races first appear in the Olympics?

2. Where is the town of Marathon? Find out something about the town.

3. Explain what a legend is.

Proofreading

Find the mistakes in this passage. Then write it out correctly.



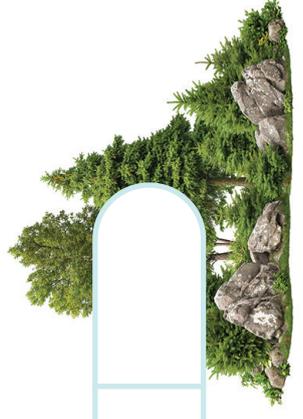
the croud houled with lafter as the cloun fell of his bicycle. He pikked himselff up and prettended to lock four his hat althow it was stil on his hed

Speedreading



browse	heavier	powerful	coward	funniest	doubt	aloud
naughty	vouch	earlier	pain	use	naughtier	hope
doubt	naughtiest	funnier	cloud	heavy	crowd	peace
spouse	naughty	howl	earliest	main	browse	doubtful
heaviest	funny	shower	early	naughtier	peaceful	bout

Times:



Dictation words





Dictation Sentences

1.

2.

Teacher Feedback

